



Business Success Starts With Health Achieving Health For Business Entrepreneurs

By Todd Reinker

CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 38 pages. Dimensions: 8.5in. x 5.5in. x 0.1in. Your health is your key to your vitality. Without this essential component, one does not fully experiencing the life he or she was destined to enjoy. Regardless of whether your bank account has several figures and your business is booming, there are some crucial items to consider to ensure your health is in a good position as well. From improving your productivity, efficiency and passion for what you do, this book will teach you a full-gamut approach to securing your greatest investment . . . your health. In addition, stress can cause a number of different illnesses, which we will discuss further in the following chapters. To be frank, the state of your mental well-being is a key factor in the success of your business and also your own happiness. If you are constantly feeling too stressed and overwhelmed, you simply cannot enjoy life. Furthermore, you cannot focus on your business in a positive way and it will become nearly impossible to be productive. If you have been feeling this way, you need to do something and you need to...



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