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The Aromatherapy Bronchitis Treatment: Support the Respiratory System with Essential Oils and Holistic Medicine for Copd, Emphysema, Acute and Chronic Bronchitis Symptoms (Paperback)

By Elizabeth Ashley

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Breathing is the most natural thing in the world. It should be effortless, free and easy. But if you are reading this,the chances are your breathing is not. You are not alone. In fact COPD is now the second biggest cause of death in the UK and the third in the United States. Breathing disorders are seriously bad news. Placing a massive burden on healthcare provision, doctors place self care for respiratory disease as one of their highest priorities. The question is,where on earth does one start? Well, interestingly in these days of drug resistant bugs and infections, scientists are exploring respiratory medicine through a whole new realm.that of the plant kingdom. Over and over again they are finding that essential oils offer some of the best effects for bronchitis, emphysema and COPD. Moreover, the scholars of psychoneuroimmunology have now concluded that the emotions (particularly from the past) play a vital role in the body s propensity to develop COPD, and that stress and hostility will assuredly make symptoms of chronic bronchitis and other breathing disorders worse. Together with detailed investigations into...



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