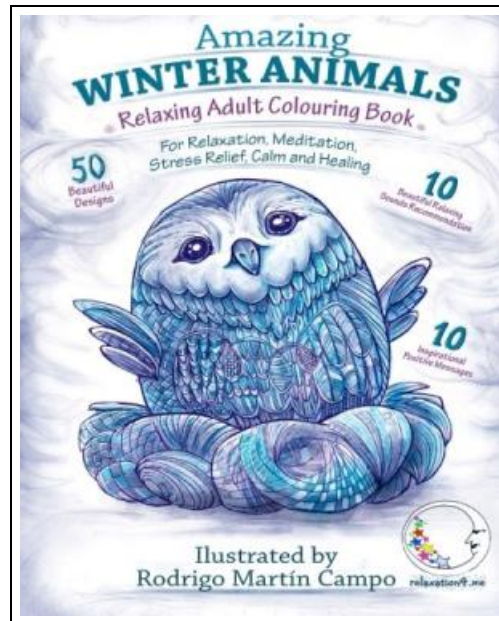


Relaxing Adult Colouring Book: Amazing Winter Animals - For Relaxation, Meditation, Stress Relief, Calm and Healing



Filesize: 2.63 MB

Reviews

This publication is definitely not simple to begin on studying but really exciting to read. It is actually rally fascinating throgh reading time. Your life span will be enhance when you complete looking at this publication.
(Laurence Littell)

RELAXING ADULT COLOURING BOOK: AMAZING WINTER ANIMALS - FOR RELAXATION, MEDITATION, STRESS RELIEF, CALM AND HEALING



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.NEW 50 UNIQUE ANTI-STRESS, CREATIVITY BOOSTING ILLUSTRATIONS INCLUDES TIPS FOR A STRESSFREE LIFE + Free Your mind! + Stress Relieving! + Coloring will have a healing effect, enhances creativity and is fun! + Coloring books are leading the international bestsellers! + This Grown Up Coloring Book will benefit You with WEEKS of coloring fun! + Includes very cute baby animals! + 50 beautiful designed and amazing detailed images of the most famous winter animals of the whole nature world. Beside many more You will find a cute baby owl, a penguin family and a nut eating squirrel. Also includes some fancy winter utensils. + Almost feels like visiting a zoo! + Especially detailed and complex illustrations for grownups but also (older) kids will love it. + For girls and boys, women and men, ladies and gents, grandma and grandad! + Be aware of the wild animals! + Maybe also a yeti is awaiting You! + Includes: 10 Beautiful Relaxing Sound Suggestions! + Includes: 10 Inspirational Positive Messages! + Includes: short how to color introduction! + Each illustration is on a separate sheet! + Easy to color! + Improves eye-hand coordination! + Calms an anxious mind and cultivates moment-to-moment awareness! + Increases self-confidence, self-esteem and self-love! + Boosts mental clarity! + Enhances the ability of inner focus and lets You develop more mindfulness! + Coloring will take You into a Zen Buddhism meditation-like state! + Depressions are going to disappear! + Wellness yoga for Your mind! + Art Therapy! + Create Your own art! + Over \$250 (!) of value in this book! + Anti-stress guarantee! + Grab Your copy now!.



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