



Mobilization Techniques for Cervical Spondylosis in Adults

By Kamaljeet Kaur

LAP Lambert Academic Publishing Aug 2013, 2013. Taschenbuch. Condition: Neu. Neuware - Spondylosis is a common cause of chronic neck pain.the fourth to seventh cervical vertebrae are most commonly affected by these degenerative changes.Middle aged people and females are more prone to Cervical Spondylosis. The bones in the neck begin to degenerate with ageing.Mobilizations are passive, skilled manual therapy techniques applied to the joints and related soft tissues at varying speeds and amplitudes using physiological or accessory motion for therapeutic purposes. The application of MWMS for cervical spondylosis are really rewarding,they certainly have an important place in manual therapy.These techniques have proved instantly successful with some patients who have a gross loss of movements. This book will enlighten the important aspects of various mobilization techniques and will help readers to conclude most effective technique for the cervical spondylosis. 96 pp. Englisch.



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