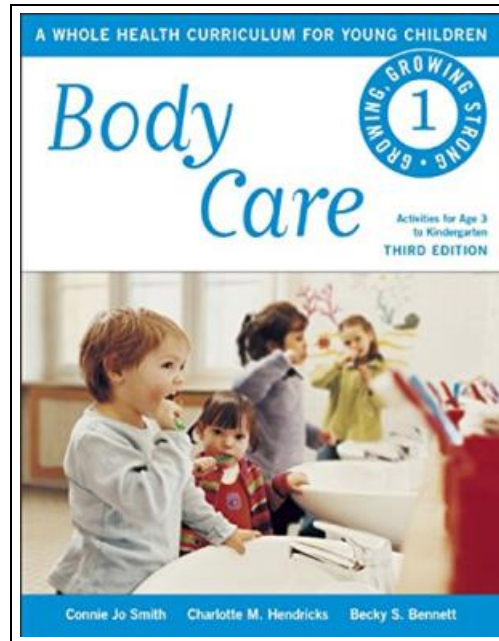


## Body Care: A Whole Health Curriculum for Young Children (Paperback)



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Redleaf Press, United States, 2013. Paperback. Condition: New. 3rd ed.. Language: English . Brand New Book. Learning to lead a healthy lifestyle begins during the early years. Part of the Growing, Growing Strong series, this body care curriculum includes activities and background information to help children develop lifelong healthy habits. Young children are aware of and naturally curious about their bodies. This health curriculum introduces positive body care habits that will help children learn ways to feel good about themselves and their bodies, prevent the spread of disease, and gain a measure of independence and control in their lives as they learn about body parts, the five senses, hand washing and hygiene, oral health, avoidance of germs, and taking medicine. This book includesAn overview of the body care topics covered in the curriculumSuggested interest area materials and supports for creating the learning environmentLearning objectives and vocabulary wordsSuggestions for evaluating children s understanding of each body care topicMore than 30 classroom activitiesFamily information and take-home activities.



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