



This Poison Called Depression (Paperback)

By Larry E Van Essen

Inspiring Voices, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In this frank, informative, and inspirational personal story, Larry Van Essen tells about the major depression that he experienced as both a teenage caregiver of his mother and his own encounters with major depression as a pastor. Some episodes lasted four to eight weeks, while others lasted three to eighteen months. He draws on the experiences and writings of others to give weight to his own. He shares how prayer, family, the support of many friends, public worship, therapy, and medication gave strength to survive the storm and regain his health. He talks about both the negative and positive effects his illness had in his relationships, work, and spiritual walk with God. The image of poison comes from an article written by Dr. John Timmerman: At the most unexpected moments it slips people its dark poison. One scarcely notices the initial sting. Slowly, insidiously, the poison spreads until the victim finds herself cut off from life by a gray veil. The monster, what Winston Churchill, a longtime sufferer called the Black Dog is depression. He visits the topics of suicide, violence on...



Reviews

An exceptional pdf and the typeface utilized was fascinating to read through. It can be written in straightforward words and phrases instead of confusing. I am just quickly could possibly get a delight of looking at a written ebook.

-- Prof. Arlie Bogan

It is in a single of the best book. This is for those who state there had not been a well worth reading through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Barney Robel Jr.