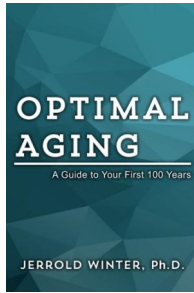


Optimal Aging: A Guide to Your First 100 Years



Book Review

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(Ms. Dixie Torphy)

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