



## Will I Ever Be Free of You?: How to Navigate a High-Conflict Divorce from a Narcissist and Heal Your Family

By Dr Karyl McBride

Atria Books, United States, 2016. Paperback. Book Condition: New. Reprint. 218 x 150 mm. Language: English . Brand New Book. The bestselling author of Will I Ever Be Good Enough?: Healing the Daughters of Narcissistic Mothers draws on her expertise in treating men, women, and children damaged by narcissists in this practical guide to divorce and its aftermath. Narcissism a personality disorder that goes beyond mere selfishness and vanity is a prevalent cause of marital and family problems. Narcissists do not have the capacity to love, understand other people s emotions, or feel empathy. They are grandiose in their need for praise and attention, they overestimate their abilities, and they diminish people around them with emotional abuse. Being in an intimate relationship with a narcissist destroys your hopes, dreams, and peace of mind and erodes your children s emotional health and your finances. Does this sound like what you have to deal with? If you ever look at your partner and wonder in despair if you will ever be free, the answer is yes, you can be. A leading authority on narcissism, Dr. Karyl McBride offers proven therapeutic advice that will help you protect and nurture yourself and your children...



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