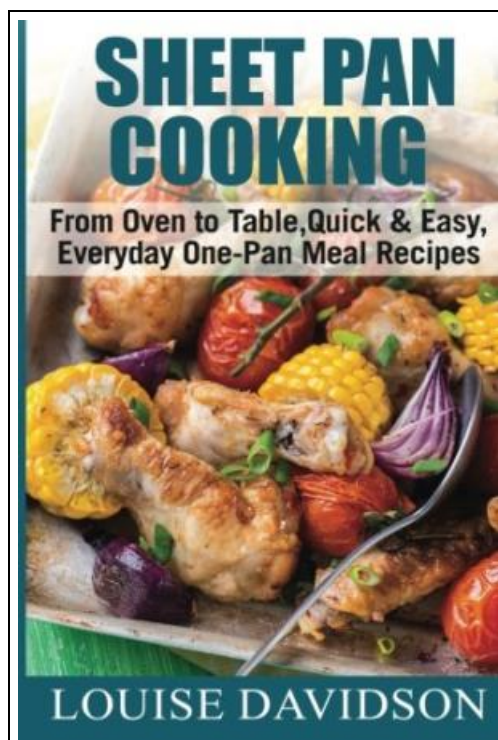


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SHEET PAN COOKING *BLACK AND WHITE EDITION***: FROM OVEN TO TABLE, QUICK EASY, EVERYDAY, ONE-PAN MEAL RECIPES (PAPERBACK)**



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Quick and Easy to Prepare Baking Sheet Recipes for Everyday Cooking. Simplify Your Life with Oven to Table One-Pan Meals your Family Will Love! ***BLACK AND WHITE EDITION*** Who would have thought? The answer has been in your kitchen all the time! No need for special gadgets or contraptions to come up with a tasty and nutritious meal quickly - and no need for a lot of cleanups after! If you re beginning to tire of soups and stews and miss the taste of crisp, well-browned roasts, it s time to turn to your baking sheet pan. But sheet pan dinners are not limited to meat recipes. You can have vegetarian and seafood dinners as well. Sheet pan meals usually include not only protein sources but also plenty of vegetables. The taste and texture of roasted vegetables may just convince your finicky eaters to appreciate veggies after all. Speed need not sacrifice quality. One sheet pan can contain several servings that can be prepared once and stored for convenient reheating the rest of the week. Ingredients can also be pre-chopped, marinated and frozen so they re ready to use when needed. The sheet pan s high capacity also lets you easily prepare large quantities for family gatherings and the like. Inside, you ll find: Tips for preparing sheet pan meals Wholesome chicken recipes like the Teriyaki Chicken with Vegetables, the Moroccan Chicken with Olives and the Prosciutto Chicken with Baby Tomatoes Satisfying vegetarian recipes like the Tofu with Vegetables, the Ratatouille with Goat Cheese and the Winter Veggies with Tahini-Mustard Sauce Bountiful pork and beef recipes such as the Five Spice Pork Chops with Pineapple Broccoli, the Simple Savory Pork Roast, The...



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