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## REPAIR For Teens: A Program for Recovery from Incest Childhood Sexual Abuse (Paperback)

By Marjorie McKinnon

Loving Healing Press, United States, 2012. Paperback. Condition: New. Michal Splho (illustrator). Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.R.E.P.A.I.R. is a Six-Stage Program for abuse survivors that will transform your life forever! Recognize and accept your adult problems stemming from childhood sexual abuse. Enter into a commitment to transform your life. Process your issues with tools and techniques that will enable you to become healthy. Awareness to discover reality as you gather and assemble the pieces of the broken puzzle your life became. Insight into the complete picture helps you begin to return to what you were prior to being sexually violated. Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are. REPAIR for Teens recognizes the unique issues confronting adolescent abuse survivors including peer pressure, difficulties with school, acting out, the urge to self-soothe with cutting or unhealthy eating behaviors, running away and the possibility of living with an abuser in the family. Remember, 1 in 4 girls and 1 in 6 boys have been sexually assaulted by the age of 18. No teenager should be alone in trying...



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