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ACCEPTING OURSELVES: A MOMENT TO REFLECT: ACCEPTING OURSELVES



Hazelden Information & Educational Services. Paperback. Book Condition: new. BRAND NEW, Accepting Ourselves: A Moment to Reflect: Accepting Ourselves, Veronica Ray, People recovering from codependency, adult children of dysfunctional families, and those seeking healthier relationships will find welcome wisdom and inspiration in the first four "A Moment to Reflect "booklets, Hazelden's newest inspirational series for Twelve Step living. Each of these four takealong booklets contains 30 topical affirmations that guide us as we work to improve our relationships. The first...

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- Authored by Veronica Ray
- Released at -



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-- Ms. Teagan Quitzon DVM

Comprehensive guideline! Its this kind of great go through. it had been writtern really properly and beneficial. I discovered this publication from my dad and i recommended this book to discover.

-- Constance Considine IV

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