



A Healthy Society: How a Focus on Health can Revive Canadian Democracy

By Meili, Ryan

Purich Publishing Ltd, Saskatoon, SK, Canada, 2012. Soft cover. Condition: New. 144pp. Wrap is clean and without wear. A new book. "Drawing on his experiences as a family physician in the inner city of Saskatoon, Mozambique, and rural Saskatchewan, Dr. Meili argues that health delivery too often focuses on treatment of immediate causes and ignores more fundamental conditions that lead to poor health. Income, education, employment, housing, the wider environment, and social supports: far more than the actions of physicians, nurses, and other health care providers, it is these conditions that make the greatest difference in our health. Brought to life by patient stories, A Healthy Society explores a number of specific health determinants, and ends in a discussion of democratic reforms that could help reshape the way we organize ourselves to create a truly healthy society. Through a mix of scholarship and story, the author proposes a new approach to politics. The use of human health as a measure of our success as a society, and the application of the ideas of the social determinants of health to public policy, appeals beyond political lines to common values. By synthesizing diverse ideas into a plan for action based in the...



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