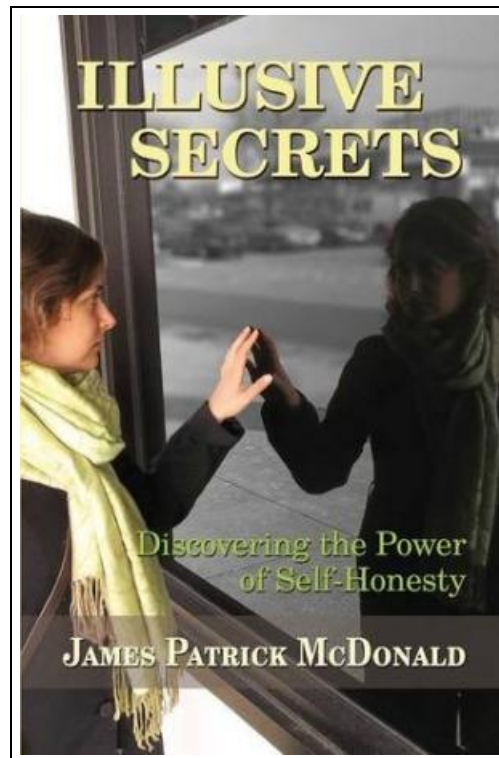


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Reviews

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Telemachus Press, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In Illusive Secrets: Discovering the Power of Self-Honesty, McDonald demonstrates the power self-honesty has to change our lives, and he asks with tender compassion if we have the willingness to meet our true selves. With each secret he discovers, McDonald inspires us to look inward as the means of transcending our fear-based state of consciousness. His candid demonstrations reveal thoughts and experiences we all have, but very few of us are willing, or able to explore. Each self-deception Jim uncovers empowers us to look at our own lives with transformative honesty. Uncovering our own illusive secrets gleaned from his examples leads us to the realization that we are responsible for our suffering, and it is never the external causes we are taught to blame. We begin to understand that our thoughts, judgments, and need to control, are directly related to our personal happiness and sense of inner peace. Illusive Secrets offers a doorway into our own self-deception. While our initial glimpses may be frightening enough to evoke steadfast resistance and blinding denial, each experience softens that resistance and intensifies our desire to continue. We grow in self-awareness with each step, coming ever closer to the happiness, joy, and freedom we long to experience. Illusive Secrets is a profoundly spiritual approach to a better way of life that facilitates our journey toward the expression of love on a daily basis. It teaches nothing directly. Instead, it offers examples that inspire those who are willing, to follow an honest path of self-awareness leading to one final destination: Our true self.

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