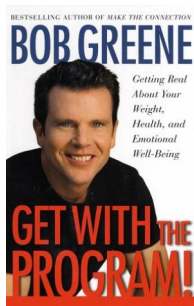


## Get With the Program!: Getting Real About Your Health, Weight, and Emotional Well-Being



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