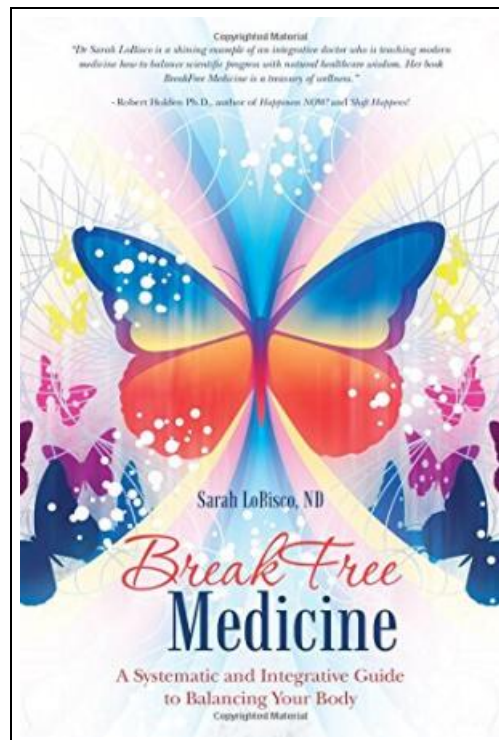


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BREAKFREE MEDICINE: A SYSTEMATIC AND INTEGRATIVE GUIDE TO BALANCING YOUR BODY (PAPERBACK)



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Balboa Press, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. BreakFree Medicine is a book about healing, medicine, and maintaining wellness. It provides the missing holistic, comprehensive, and solution-based approaches often lacking in today s conventional medical care. It is succinct, valid, and applicable to patients and practitioners alike. BreakFree Medicine is a reference guide for anyone seeking to effectively navigate today s changing medical environment. Dr. Sarah LoBisco s book is a brilliant and comprehensive look at medicine, healing, and wellness from both the analysis and critique of what is wrong with our modern system of medicine, and also by detailing the path we need to take, both individually and collectively, to achieve better health from a physical, emotional and spiritual perspective. I highly recommend this book, and anyone who reads it will be grateful for having done so and the knowledge and insight they will have gained. - Michael Wayne, Ph.D., L.Ac., author of Quantum-Integral Medicine: Towards a New Science of Healing and Human Potential and The Low Density Lifestyle. Dr. Sarah LoBisco is a shining example of an integrative doctor who is teaching modern medicine how to balance scientific progress with natural healthcare wisdom. Her book BreakFree Medicine is a treasury of wellness. - Robert Holden, PhD, author of Happiness NOW! and Shift Happens!.



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