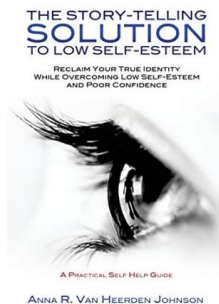


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Xulon Press, United States, 2014. Paperback. Book Condition: New. 229 x 153 mm. Language: English . Brand New Book ***** Print on Demand *****.In the Story Telling Solution, Dr Anna Johnson, counseling psychologist and clinical consultant, takes a closer look at low self-esteem and poor confidence. She demonstrates how people can develop a deeper understanding of their own minds and be released from the trap of low self-esteem by changing the script of their life story in a way that...

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- Authored by Anna R Van Heerden Johnson
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