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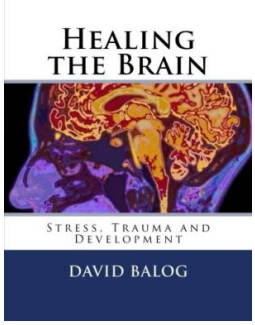
HEALING THE BRAIN: STRESS, TRAUMA AND DEVELOPMENT (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The brain, remarkable resource within us all, holds within it our past, present, and future. A healthy brain enables learning, joy, memories and fulfillment. An unhealthy brain, one compromised by stress and trauma, impairs if not negates those qualities. Here you will find a description of the brain and brain function, concepts for healing a broken brain, and resources for individual brain...

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- Authored by David Balog
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