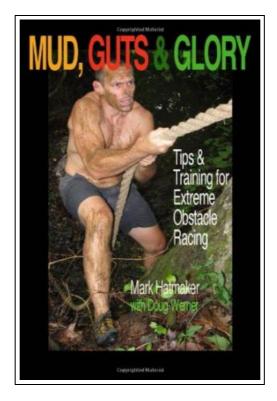
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MUD, GUTS & GLORY: TIPS & TRAINING FOR EXTREME OBSTACLE RACING



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