



## Seven Steps of Pitching (Paperback)

By Andy Bernard

Redemption Press, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. You do not get better at pitching a baseball by pitching alone. You improve your delivery and your pitching game by working on The Seven Steps away from the mound until they become second nature and your delivery becomes consistent. Pitching a baseball is not a skill that is learned in one game or even a single season. It is a set of skills that take the gifts that God has given you and taking those talents and turning them into fun on the mound. This is a complete guide for all ages of baseball pitchers that are self-motivated to make changes within themselves to become better than their competition. These are the learned skills that will set them aside from the rest by improving their gifts. From the pitching delivery itself to throwing other pitches to drills, these are the skills that make pitching not just a position to play but a way to earn a college scholarship and making dreams a reality. Players, parents, and coaches alike will find this technical, concept-filled, practical and motivational instruction manual a book...



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