

# Massage Therapy: Principles and Practice, 5e

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## Reviews

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### MASSAGE THERAPY: PRINCIPLES AND PRACTICE, 5E



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Saunders, 2015. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: This book brings a whole new meaning to the word 'comprehensive'. Covering massage fundamentals, techniques, and anatomy and physiology, Susan Salvo's Massage Therapy: Principles and Practice, 5th Edition can be used as the only book for shorter massage therapy programs. This student-friendly text boasts over 700 illustrations and expanded neurosciences and neuroplasticity sections, plus a handy new color scheme for line drawings for origin and insertion that matches the painted skeleton found in most classrooms. It makes the essential concepts of massage therapy more approachable and helps you achieve success in class, on your licensing and certification exams, and in therapeutic practice. Clear, straightforward approach simplifies complex content for easier understanding. Complete anatomy and physiology section , in addition to material on techniques and foundations, gives you all the information you need in just one book. Certification Practice Exam on Evolve mimics the major certification exams in format and content, builds confidence, and helps increase pass rates. Over 700 high-quality illustrations , including line drawings and halftones, clarify difficult concepts in vibrant detail. Case studies challenge you to think critically and apply your understanding to realistic scenarios, foster open-mindedness, and stimulate dialogue. Profile boxes provide an inspirational, real-world perspective on massage practice from some of the most respected authorities in massage and bodywork. Clinical Massage chapter focuses on massage in clinical settings like hospitals, nursing homes, and medical offices to broaden your career potential. Two business chapters loaded with skills to make you more marketable and better prepared for today's competitive job market. Video icons refer you to the Evolve site featuring about 120 minutes of video covering techniques, routines, client interaction sequences, and case s

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