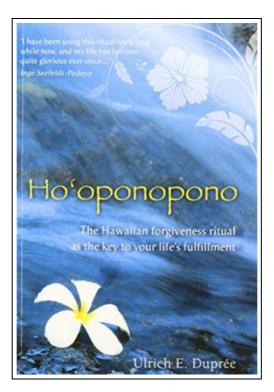
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Reviews

This is an remarkable pdf which i actually have actually study. I have go through and that i am sure that i am going to planning to study once again yet again later on. Once you begin to read the book, it is extremely difficult to leave it before concluding. (Ms. Hannah Lowe)

HO OPONOPONO: THE HAWAIIAN FORGIVENESS RITUAL AS THE KEY TO YOUR LIFE S FULFILLMENT (PAPERBACK)



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Findhorn Press Ltd., United Kingdom, 2012. Paperback. Condition: New. Language: English . Brand New Book. Powerful yet concise, this revolutionary guide summarizes the Hawaiian ritual of forgiveness and offers methods for immediately creating positive effects in everyday life. Exploring the concept that everyone is deeply connected - despite feelings of singularity and separation - four tenets are disclosed for creating peace with oneself and others: I am sorry, Please forgive me, I love you, and Thank you. Offering practical exercises, this simple four-step system encourages readers to focus on difficult conflicts within personal relationships and heal the past. By addressing these issues, owning one s feelings, and accepting unconditional love, unhealthy situations transform into favorable experiences. The final chapters delve into love, relationships, health, career and healing the planet.

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