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Facing Your Fears: Group Therapy for Managing Anxiety in Children with High-functioning Autism Spectrum Disorders: Parent Workbook Pack

By Judith A. Reaven, Audrey Blakeley-Smith, Shana Nichols, Susan L. Hepburn

Brookes Publishing Co. Multiple copy pack. Book Condition: new. BRAND NEW, Facing Your Fears: Group Therapy for Managing Anxiety in Children with High-functioning Autism Spectrum Disorders: Parent Workbook Pack, Judith A. Reaven, Audrey Blakeley-Smith, Shana Nichols, Susan L. Hepburn, Anxiety is one of the biggest challenges faced by children with high-functioning autism spectrum disorders and Asperger syndrome. Help them conquer their fears-and participate more fully in home, school, and community life-with this innovative group therapy program for children 8-14 years old and their parents. Facing Your Fears-At a Glance Number of sessions: 14, plus a follow-up booster session Length of sessions: 1 hours Participants: Children 8-14 years old and their parents Recommended group size: 4-5 children Conducted by: Psychologists, behavior analysts, and other professionals in clinical settings Components: Facilitator's Manual, Child Workbooks, Parent Workbooks, DVD with sample Facing Your Fears videos Ideal for small groups of 4-5 children but also effective in one- to-one therapy, this proven, ready-to-use program is a must for mental health professionals who work with children and families in clinical settings. Developed to address the specific needs and challenges of children with high-functioning ASD and Asperger syndrome, Facing Your Fears works because it targets specific fears...



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