



Know the Game: Complete skills: Rugby (Paperback)

By Simon Jones

Bloomsbury Publishing PLC, United Kingdom, 2015. Paperback. Condition: New. Language: English . Brand New Book. The Know the Game Complete Skills series is a perfect introduction to a sport for every budding player. Compiled from the individual Know the Game Rugby titles, the book will teach young players the basic skills they need to start enjoying the sport - by giving them plenty of simple practice drills and showing how the star players do it. In this book, players will learn : Passing, catching and kicking Rugby terms Positions in rugby Passing Catching Kicking Tackling, contact, teamwork and tactics Scoring a try Avoiding a tackle Tackling Contact Teamwork Tactics Clearly illustrated and written by a professional coach, this book will give every young player the all the skills they need to enjoy rugby.



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