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THE SMART WAY TO LOSE WEIGHT. RAPID WEIGHT LOSS USING A SEX DIET! (PAPERBACK)



Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How I used my libido as a torpedo and targeted my appetite! I lost 190lbs in 8 months, using sex as more then physical exercise but as a psychological tool to suppress my appetite and control my cravings.

Read PDF The Smart Way to Lose Weight. Rapid Weight Loss Using a Sex Diet! (Paperback)

- Authored by Sean Parker
- Released at 2017



Filesize: 2.8 MB

Reviews

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