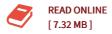




My Ride on the Crazy Train: A Psychonaut s Journey Through the Lands of Madness (Paperback)

By Christine M. King

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. These excerpts from my diaries are the story of a life changed forever by mental illness. I have Schizoaffective Disorder, an incurable condition characterised by symptoms of both schizophrenia and bipolar. These journal entries, snippets of poetry and monologues are laid before you with brutal honesty as I admit my innermost secrets, my bizarre beliefs and musings, and the extremes of emotion as I cycle through endless episodes of depression, mania and psychosis. I present these diaries with a degree of fear and trepidation as I expose the extent of my madness, for there is still great stigma and misunderstanding of mental illness and those who suffer with it. In publishing these diaries, I hope that for those of you who wish to learn and understand that this book will give you some insight. For those of you who suffer too, I hope that you will take some comfort in knowing you are not alone.



Reviews

A must buy book if you need to adding benefit. It can be rally fascinating throgh studying period of time. I am just happy to explain how this is the very best ebook i actually have read within my individual existence and could be he finest book for ever.

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Excellent e-book and useful one. It can be rally intriguing throgh looking at time period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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