



The Habits of 7 Highly Successful Juicers: 7 Ordinary People, 7 Extraordinary Results (Paperback)

By Shane Whaley, Angela Von Buelow

Createspace Independent Publishing Platform, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.SPECIAL BONUS! Get the digital version of the Fast and Proven Juice Recipe Book (a 14.99 Value) for FREE. Just email your Amazon receipt to Do you want to dramatically improve your health, energy, mental clarity, motivation, and even your career? Shane Whaley and Angela Von Buelow are two ordinary people who achieved phenomenal success through repeated juice fasts, consistent juicing, cleaner eating, and moderate exercise. Their stories, and the stories of other successful juicers, are included to inspire and educate you on your journey. These intimate interviews relate why these men and women wanted to start juicing, how they managed their first juice fast, and the compelling reasons they had to make their lives better. -Learn the tips that will sustain you. -Create Connection with a juicing community. -Acquire vital information and encouragement. -Gain the self-confidence you need to be successful. Included in the book are instructions to get ANOTHER FREE BONUS: Your free starter guide How to get Started with Juicing! Also includes Special BONUS CHAPTER: a complete transcript of a Juicing Radio interview with Joe Cross, writer,...



[READ ONLINE](#)
[2.99 MB]

Reviews

The ideal ebook i possibly study. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Ava Witting

The ideal ebook i possibly study. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Ava Witting