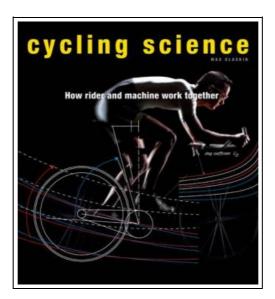
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Frances Lincoln Publishers Ltd, United Kingdom, 2016. Paperback. Condition: New. Language: English . Brand New Book. Cycling can represent sporting drama, environmental awareness, practical mobility, an escape to nature, an aid to fitness, a political commitment, even a desire for ostentatious display. There is perhaps no other sport that encompasses so many different areas of human experience, which is possibly why there are an estimated 13 million cyclists in the UK alone, and over 3 million bikes sold each year. At its heart, the simple process of getting about on two wheels contains a wealth of fascinating science. Cycling Science investigates the scientific wonders that keep the cyclist in the saddle. Each chapter investigates a different area of physics or technology and is organised around a series of questions. What is the frame design? How have bicycle wheels evolved? What muscle groups does cycling exploit? How much power does a professional cyclist generate? Each question is investigated using explanatory info-graphics and illustrations. You can dip into the book for answers to specific questions or read it right through for an overview of how machine and rider work together. The perfect way to analyse your own kit and technique by studying the techniques of the professionals, Cycling Science is the ultimate accessory for any cyclist wishing to understand their craft.

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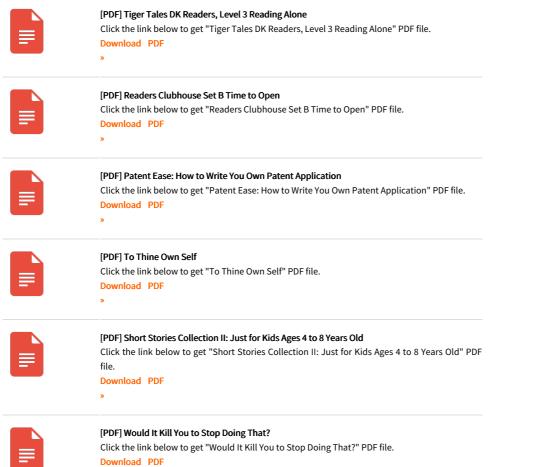
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