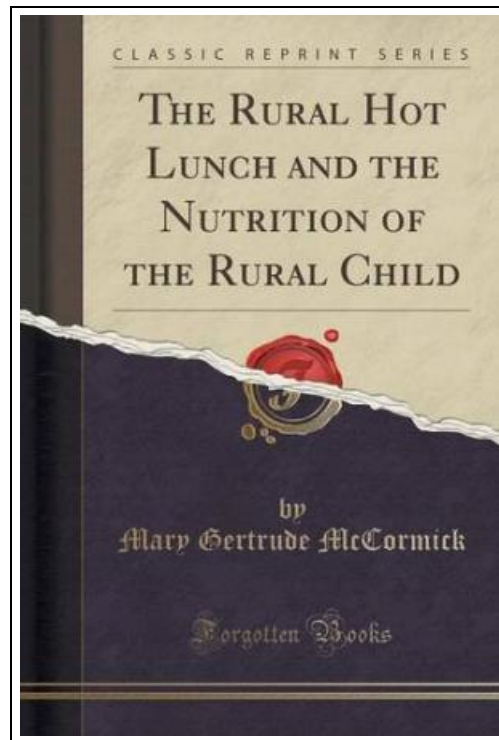


## The Rural Hot Lunch and the Nutrition of the Rural Child (Classic Reprint)



Filesize: 3.78 MB

### **Reviews**

*I actually started looking at this pdf. It is written in basic words and phrases and not confusing. I discovered this pdf from my i and dad suggested this publication to understand.*

*(Vergie Fahey)*

## THE RURAL HOT LUNCH AND THE NUTRITION OF THE RURAL CHILD (CLASSIC REPRINT)

[DOWNLOAD](#)

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Excerpt from The Rural Hot Lunch and the Nutrition of the Rural Child A midday meal of cold food, eaten five days a week, throughout the school year is almost certain to have a harmful effect on the both teacher and children. To improve the character of the noon meal, the practice of preparing at school one hot dish is rapidly growing. The teachers who have tried it are enthusiastic about its results, and say that: 1 The children are more attentive in the afternoon. 2 The noon hour is much easier for the teacher; even one hot dish has a soothing effect, and teacher and pupils sit down to a quiet social meal. 3 It affords the tactful teacher an opportunity to make suggestions concerning the kinds of foods children should bring in their lunch boxes from home. She may announce the hot dish for the next day, and then advise the children regarding the food that will be good supplements to that hot dish. Many lessons in nutrition may thus be taught. 4 Children who at home are allowed to cultivate likes and dislikes in regard to food, at school learn to eat what the other children are eating. Having acquired a taste for these foods at school the children ask for them at home; thus the influence spreads from the school to the home. 5 The tactful teacher will also be able to train the children into habits of consideration for others and the observance of the usual forms of good table manners. 6 When there are foreign-born children in the rural school, the noon lunch becomes a method for teaching them American cooking....

[Read The Rural Hot Lunch and the Nutrition of the Rural Child \(Classic Reprint\) Online](#)[Download PDF The Rural Hot Lunch and the Nutrition of the Rural Child \(Classic Reprint\)](#)

## You May Also Like



### No Friends?: How to Make Friends Fast and Keep Them

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Do You Have NO Friends ? Are you tired of not having any...

[Save Document](#)

»



### Never Invite an Alligator to Lunch!

Lucky Me Publishing, LLC, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. NEVER Invite an Alligator to Lunch! delivers a fun,...

[Save Document](#)

»



### Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.From a certified teacher and founder of an online tutoring website-a simple and...

[Save Document](#)

»



### Crochet: Learn How to Make Money with Crochet and Create 10 Most Popular Crochet Patterns for Sale: ( Learn to Read Crochet Patterns, Charts, and Graphs, Beginner s Crochet Guide with Pictures)

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Getting Your FREE Bonus Download this book, read it to the end and...

[Save Document](#)

»



### Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their...

[Save Document](#)

»