



Normality Does Not Equal Mental Health: The Need to Look Elsewhere for Standards of Good Psychological Health

By Steven James Bartlett

ABC-CLIO. Hardback. Book Condition: new. BRAND NEW, Normality Does Not Equal Mental Health: The Need to Look Elsewhere for Standards of Good Psychological Health, Steven James Bartlett, Normality Does Not Equal Mental Health: The Need to Look Elsewhere for Standards of Good Psychological Health is a groundbreaking work, the first book-length study to question the equation of psychological normality and mental health. Its author, Dr. Steven James Bartlett, musters compelling evidence and careful analysis to challenge the paradigm accepted by mental health theorists and practitioners, a paradigm that is not only wrong, but can be damaging to those to whom it is applied-and to society as a whole. In this bold, multidisciplinary work, Bartlett critiques the presumed standard of normality that permeates contemporary consciousness. Showing that the current concept of mental illness is fundamentally unacceptable because it is scientifically unfounded and the result of flawed thinking, he argues that adherence to the gold standard of psychological normality leads to nothing less than cultural impoverishment.



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