



## Brain Repair

By Donald G. Stein

Oxford University Press. Paperback. Condition: New. 176 pages. Dimensions: 8.8in. x 5.9in. x 0.6in. Sixty years ago, the Nobel laureate Santiago Ramon y Cajal stated that in the adult brain, nervous pathways are fixed and immutable; everything may die, nothing may be regenerated. Cajal's influence has been legendary--and conventional wisdom still holds that the human brain cannot repair itself. Today, however, remarkable discoveries from laboratories around the world offer a much more optimistic prognosis. In *Brain Repair*, three internationally renowned neuroscientists team up to offer an intriguing and up-to-the-minute introduction to the explosive advances being made in the research, technology, and treatment of brain damage. The key to neuroscience's most exciting discoveries to date is a theory that is rapidly gaining adherents in the scientific community--the theory of neuroplasticity. Unlike the prevalent notion that mental processes--like seeing, remembering, and speaking--take place only within highly specialized brain regions made up of irreplaceable and non-regenerating cells, neuroplasticity stresses that cells throughout the brain can not only regenerate, but can adapt their function to assume critical roles once performed by damaged tissue. In clear, accessible language, the authors show us that the brain manufactures a host of complex chemicals that actually foster growth in...

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