



## The 2018 Rockstar Life Planner: Gain Clarity on Your Career Goals Practice a Sustainable Work/Life Balance (Paperback)

By Suzanne J Paulinski

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A personal planner that blends mindset workouts with scheduling templates to set realistic, relevant, attainable goals. The Rock/Star Life Planner was designed with the creative professional in mind, complete with tools to keep track of your fan growth engagement and to ensure you prioritize self-care by working smarter, not harder, with built-in breaks to avoid burnout. This is the 2018 version of the original Rock/Star Life Planner, in a new 7x9 format and with dates assigned each day of the year.

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