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STAYING HEALTHY TIPS, TECHNIQUES AND DIET SUGGESTIONS FOR HEART PATIENTS



Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Staying Healthy Tips, Techniques and Diet Suggestions for Heart Patients Table of Contents Introduction Why Do so Many People Suffer from Heart Disease? Some Hearty Information What Is Heart Disease Angina Pectoris CHD/IHD Heart Attack Symptoms When Can Heart Attacks Occur? Controllable and Uncontrollable Risk Factors Best Diet A Totally No - Oil Diet Fish Oil In Your...

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- · Authored by John Davidson, Dueep J Singh
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