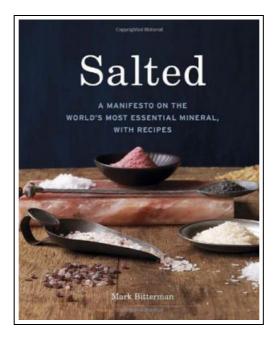
## Salted: A Manifesto on the World's Most Essential Mineral, with Recipes



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### Reviews

It is really an remarkable book which i have ever go through. It can be writter in simple terms and not difficult to understand. I am just effortlessly can get a enjoyment of reading a composed pdf.

(Dr. Lily Wunsch II)

#### SALTED: A MANIFESTO ON THE WORLD'S MOST ESSENTIAL MINERAL, WITH RECIPES



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Ten Speed Press, 2010. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Whether your only exposure to salt is the box of kosher in your cupboard or youve got a gourmet line up, Salted makes an excellent gift for the foodie that has it all." - Guest blogger Kathy Casey, Al Dente, Amazon food blog, 11/15/10 "In Salted, Mark Bitterman (sommelier at The Meadow in Portland, Oregon) profiles 80 artisan varieties of the magical ingredient. When youre done geeking out, the recipes - popcorn salted six ways, mango salsa with Hawaiian black lava salt - satisfy cravings." -DailyCandy, The Best New Fall Cookbooks, 11/12/10 "His new book Salted lays it all out methodically, but the text is far from dry or academic for such an info-packed tome. Bitterman is a great writer, his conversational is clear and funny and, yes, occasionally salty. Though I'm deliberately taking my time to soak up Salted, especially the history and the particulars of each type of salt, reading this book has already caused a sea change in my kitchen." -Al Dente, Amazon food blog, 11/2/10 " Salted is transformative; it will change the way you cook." -The Christian Science Monitor, 6 best food books coming this fall, 9/16/10 Bitterman explains that his love of salt began after eating a sublime steak at a relais on a trip to France. After learning about the cooking method and cut of meat, Bitterman concluded it was the "hefty nuggets of opalescent salt" that were responsible for his unforgettable meal, and he set out to meet the family of salt makers responsible. After opening an artisanal-product boutique with his wife, which includes a showcase of salts, Bitterman takes on the role of official "selmelier." In this entertaining and well-researched volume, he...

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