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Papyrus Press, United States, 2000. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.HYPNOBIRTHING THE ORIGINAL METHOD Mindful Pregnancy and Easy Labor Using the Leclaire Childbirth Method Through your use of the Leclaire Method you will learn how to: . Change your fears about pregnancy into positive thoughts and actions . Use mind/body techniques to bond with your fetus and enhance the nurturing of your baby . Experience labor and...

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- Authored by R N Michelle LeClaire O Neill Ph D, Michelle LeClaire O Neill
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