

99 Pick-Me-Ups for New Mamas: How to Relax, Survive, and Even Enjoy Those First Few Months (Paperback)



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(Hunter Witting)

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Knock Knock, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book. For best results, a new mum needs hourly doses of laughter, relaxation and reassurance that she s not doing it wrong. With amusing illustrations and in-the-know encouragement, this cheery little companion helps mums take a breath in the middle of the madness and take care of themselves.



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