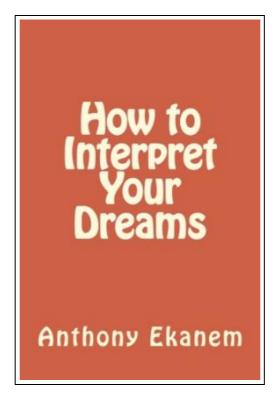
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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand ******. The dream world is fascinating, full of speculation, hope, and sometimes even fear. We can wake up from a good dream feeling refreshed and hopeful. On the other hand, we can wake up from a bad dream feeling tense and apprehensive. Ever since Freud's Interpretation of Dreams was published, there has been recognition of the importance of dreams. But even before that there were dream interpretations. People had superstitious notions about dreams - for example, Something is going to happen because I dreamed it was going to happen. This is a common misconception. Regardless of what some people might say, if you dream you are falling and don't wake up before you hit the ground in your dream, you will not die. If you dream that someone close to you dies, that s not an omen to warn you of their death. Dreams do not predict the future. What dreams can do is provide a sense of insight into ourselves. They can help us cope with situations we re unsure about. They can guide us in a certain direction when faced with uncertainty. They can simply give us an overall good feeling as we dream of something pleasant. The dream state is an experimental playground which gives you a chance to explore and express emotions without the usual inhibitions you may display in your waking life. Dreams provide an avenue of expression for that part of yourself that knows both your history and your potential as a spiritual being. They are another way the universe provides guidance about relationships, careers, and health problems. Through dreams you may find answers to your spiritual questions and even receive encouragement to some challenge...



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