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Mark Elder, 2016. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Even counselors get the blues. So, what do they do to cope? Over 40 of people admit to living in a state of constant stress. We are bombarded constantly with doubts and regrets. Feelings of inadequacy, disillusionment, grief, uncertainty, loneliness, isolation, shyness pile on top of each other leaving us feeling... well, more than a little freaked out. For most of us there is...

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- Authored by Mark Elder
- Released at 2016



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