



Gray Hair Adventure: Things I Learned about Life When I Stopped Dyeing My Hair (Paperback)

By Susan Paget

Createspace, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.After getting inspired by online images of supermodels rocking silver hair, Susan Paget, an author, vlogger and commentator for women over 40, was ready to try it out for herself. Could a normal, every day woman feel beautiful going gray? Cold turkey, she decided to find out. But when her hairdresser freaked out over the decision, she realized she was heading into territory that for many is a no-go zone. Susan s journey, told with honesty and humor, takes you through her own adventure of ditching dye, of questioning the status quo and overcoming her own insecurities. When you come on Susan s Gray Hair Adventure you re going to learn: Scripts for dealing with the people in your life who don t want you to ditch the dye How to handle big events and reunions when you re in the thick of transition How to back yourself during challenges in any area of life Affirmations for enjoying the process, even when the going gets tough and much more. Whether you want to learn how to embrace life or completely own your badass...

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Reviews

Basically no terms to clarify. It is actually written in basic terms rather than confusing. I found out this ebook from my dad and I suggested this book to find out.

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