



## The Ignored Commandment: And Homo Sapiens Species Evolution

By Herbert M. Garvin

XLIBRIS. Paperback. Condition: New. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Suggested Readings: 1. The China Study, The most comprehensive study of nutrition ever conducted and the startling implications for diet, weight loss and long-term health. T. Colin Campbell, Ph. D., and Thomas M. Campbell. (2006) 2. The Compassionate Diet, A diet for all reasons: Physical, Social, Ecological and Spiritual wellbeing. Arran Stephens and Elliot Jay Rosen Ph. D., Foreword by H. H. Sant Rajinder Singh Ji Maharaj. (2009). 3. The Food Revolution, How your diet can help save your life and the world. John Robbins., Foreword by Dean Ornish, M. D. (2011). 4. Healthy at 100: How you can -at any age- dramatically increase your life span and your life span. John Robbins. (2006). 5. No More Bull, The Mad Cowboy Targets Americas Worst Enemy: Our Diet. Howard F. Lyman with Glen Mercer and Joanna Samorow- Mercer. (2003). 6. A Cancer Therapy: Results of fifty Cases and The Cure of Advanced Cancer by Diet Therapy. A summary of thirty years of clinical experimentation. Max Gerson, M. D. (1958), (1999), (2002). Suggested Internet Websites: 1. <http://freefromharm.org> 2. <http://www.vegsource.com> 3. <http://philpapers.com>



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