



## The body is like and consequently health tips (one hundred experts)(Chinese Edition)

By REN MIN RI BAO SHE JIAN KANG SHI BAO BIAN JI BU

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Pub Date: 2013 Pages: 204 Language: Chinese in Publisher: Beijing Publishing House health important to you? Perhaps this question is a bit silly. but sometimes we really health as the most unimportant things. when we have a good body. health is often the least. but when we lose health before that health is more important than anything. The body is the revolution of the money. Health is not everything. but losing health all. Who gave their own health can only be himself. that he is the master rang the bell of hope. The body is like and consequently: one hundred expert health tips to talk about health experts in the form of Jau. Red D. Hu Dayi nearly frontline health experts in the daily life of a complex health reason and health knowledge with the scientific and popular language to be answered and elaborated content include nutrition diet. medicine health care. exercise. psychological adjustment. common diseases prevention and control other aspects. Allow you to stay at home. easy care! Health is not far away from us and to master...

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