

## **Awakening**

By Elizabeth Villani

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Awakening, Elizabeth Villani, This is a book of our time. We have spent the last decades collecting the cars, the house, the image, and now we are reaching for whats next. We numb our worlds with wall to wall TV and an endless busyness that exhausts and shadows who we really are. When we stop, we long to maintain the stillness and enjoyment that we find. We are asleep. The world is changing. "Awakening" is the answer to human happiness. It's easy, we just need to wake up, remember, and look to our future. From modern Mums to business high flyers we are homogenising our existence. We have the opportunity to harness our human psyche, build upon our past and present and create an amazing future. Whether you have been made redundant, are looking for the answer or are simply looking to feel and have a brighter future, you have the power to awaken to conscious living right now and in doing so feel the astounding spirit of source within you.





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2)

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