



## Second Childhood

By Manish Patel

Sadie Books. Paperback. Condition: New. 146 pages. Dimensions: 8.0in. x 5.2in. x 0.5in. Once we grow up and leave home, many of us become engrossed in our own lives. We sometimes forget about the people who dedicated their lives to us. How crazy is that? In particular, people are losing connections to their parents. While it is normal to become busy with life, we must remember to work hard to maintain strong ties to family, friends, and loved ones. Manish Patel, physical therapist, lecturer, and author, tackles the subject of aging and caring for our parents. Wouldn't it be great if we could love and care for them as they age with grace, knowing we are there for them as they were for us? Join Manish as he explores what it means to strive to be a good person and learn how to show love for another person. Parents help us blossom during our youth; let's help them blossom into their elder years. It is never too late to improve a relationship. It is never too late to love. *Second Childhood* will inspire you to build stronger bonds with those who are near you. Our parents were there when we took...

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