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## GANAPATI: 150-PAGE GANESH WRITING JOURNAL WITH MANDALA FOR TRATAKA GAZING MEDITATION (6X9 INCHES - BLACK)



Mindful Word, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Ganapati is another name for Ganesh (or Ganesha or Vinayaka) the popular elephant-headed deity in Hinduism who is highly revered as the remover of obstacles and the patron of arts and sciences as well as being representative of wisdom. This diary also features a mandala on the back cover that can be used for trataka (gazing) meditation

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- Authored by The Mindful Word
- Released at 2015



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