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## The Psychosomatic Survival Guide

By Dan L Dudgeon

Booksurge Publishing, United States, 2006. Paperback. Book Condition: New. 203 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A carefully structured combination of essays and stories - partnering fiction with nonfiction - based on years of research, and the author s personal philosophy and experiences, The Psychosomatic Survival Guide directs the reader toward a clearer, more positive path for living in today s fragmented, and often mentally negative, modern world. The Guide traverses a course that thoroughly entertains as it evolves into a developing tale of characters finding personal discovery of life, while, at the same time, explaining its own purpose as a guide. The Psychosomatic Survival Guide is both an explanation and a celebration of the Human Experience. Partially comedic, partially spiritual, and entirely fulfilling, it may be the most entertaining advice that money can buy. From the Back Cover When someone utters the phrase, Stop and smell the roses, it conjures up a mental image of two possible personality types: one that has been run ragged by the fast pace of modern society, and just needs a break or some stress-relief; and one that has sniffed the roses, but wants to know the deeper meaning...



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