



## 175 Best Air Fryer Recipes (Paperback)

By Camilla V. Saulsbury

ROBERT ROSE INC, Canada, 2016. Paperback. Condition: New. Language: English . Brand New Book. Fantastic fried taste and texture with less oil - an air fryer is a kitchen appliance that can brown foods with up to 80 less fat. Air-frying food is an innovative method of cooking that is incredibly healthy because although it produces crispy and tasty results, it uses very little oil. Enjoy the taste and textures of fried foods without the calories! And although they are called air fryers, they also roast and bake, making them an ingenious and indispensable kitchen appliance. Camilla brings her extensive recipe development skills to this cookbook and has created recipes exclusively designed and guaranteed to perform in an air fryer. There are recipes for every meal of the day and she hasn't forgotten to devote an entire chapter to all-time fried favourites. Sample recipes: \* THE TOP 20 FRIED FAVOURITES section: Classic French Fries, Jalapeno Poppers, Beer Battered Fried Fish, Buttermilk Fried Chicken, Coconut Fried Shrimp, Potstickers, Old-Fashioned Cake Donuts. \* BREAKFAST AND BRUNCH: French Toast Roll-Ups, Irish Oat Scones, Cheese and Cherry Danish, Banana Bread, Crispy Hash Browns, Perfect Granola, French Bacon and Egg Puffs. \* APPETIZERS...

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