



## Becoming Gay: The Journey To Self-Acceptance

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By -

Paperback. Book Condition: New. Ships From Canada. New. No dust jacket as issued. Trade paperback (US). Glued binding. 224 p. Audience: General/trade. Book Description: Winner of a Books for a Better Life Literary Award in Psychology The importance of living authentically- accepting one's homosexuality and embracing a positive gay identity-is at the heart of Dr. Richard Isay's powerful work on the psychological development of gay men. In the candid language of personal case histories, including his own, Isay shows how disguising one's sexual identity can induce anxiety, depression, and low self-esteem. He looks at the dilemma of gay men who are closeting in heterosexual marriages as well as at the specific concerns of adolescents, older men, and those confronted with HIV or AIDS. Isay exposes the tenacity with which psychoanalysis has clung to outdated views of homosexuality. Becoming Gay offers great insight for students of psychology, gender studies, and sociology. Ingram: Drawing on his own odyssey from denial to ac.



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