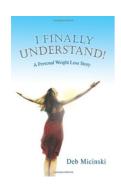
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I FINALLY UNDERSTAND!: A PERSONAL WEIGHT LOSS STORY



iUniverse, United States, 2008. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****. I Finally Understand! is a personal weight loss story and guide to help others realistically lose weight. I m a 47 year old middle class working wife and mother of two. My battle with weight didn t begin until I was 20 years old and started dieting to lose 10 pounds. Six years later those 10 pounds had...

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- Authored by Deb Micinski
- Released at 2008



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