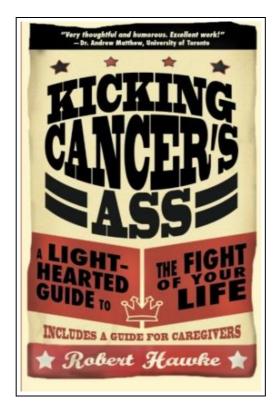
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KICKING CANCER S ASS: A LIGHT-HEARTED GUIDE TO THE FIGHT OF YOUR LIFE (PAPERBACK)



Robert Hawke Productions Inc, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Kicking Cancer s Ass: A Light-Hearted Guide to the Fight of Your Life At any stage in the journey that is cancer; this book is invaluable for patient and caregiver alike. Sandi S - Cancer Survivor Very thoughtful and humorous; Excellent work! Dr. Andrew Matthew- Department of Psychiatry, University of Toronto Kicking Cancer's Ass: A light-hearted Guide to the Fight of Your Life is written for anyone going through cancer. It contains valuable strategies, information and insights about one of life s greatest challenges. Robert Hawke draws on his experiences as a thyroid cancer survivor and on his background in comedy to deliver a helpful and humorous guide to getting through this disease. Overflowing with tips, helpful hints, and humour. Kicking Cancer's Ass can help you: Get more out of your health care professional Set up your support system so it serves you best Deal with the 4 AM blues Stay connected with yourself and those around you Make simple choices that will help you be more healthy in the future Learn strategies for recovery that your doctor might not even know A Message from the Author During recovery, I asked myself If I had a friend or family member who was going to go through the experience of having cancer, what would I tell them? What would I want them to know to make this journey easier? Kicking Cancer's Ass: A Light-Hearted Guide to the Fight of Your Life is the answer to that question. This book s journey began more than 5 years ago. In fact, when I was diagnosed with cancer, at a young age (yes, I thought 39 was young) I had no...



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