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## Postnatal Depression and Maternal Mental Health: A Handbook for Frontline Caregivers Working with Women with Perinatal Mental Health Difficulties

By Sue Gellhorn

Pavilion Publishing and Media Ltd, United Kingdom, 2015. Paperback. Book Condition: New. 301 x 188 mm. Language: N/A. Brand New Book. Postnatal Depression and Maternal Mental Health: a handbook for frontline caregivers working with women with perinatal mental health difficulties is an accessible handbook that is intended to support midwives, health visitors, community workers and frontline healthcare providers in their detection and assessment of postnatal depression and maternal mental health. Midwives, health visitors, community workers and frontline healthcare providers for pregnant women, and mothers and babies in the first postnatal year, need better information on the kinds of help that women need, and resources they can use to support discussions about difficult and complex feelings. It will provide readers with a good understanding of postnatal depression and the range of perinatal mental health difficulties they may come across in universal services for mental illness in pregnant and postnatal women, and will support them in their detection and assessment of these difficulties in the women on their caseload. This handbook will enable you to: Identify and assess postnatal depression in mothers and then facilitate difficult conversations with sensitivit. Address key learning objectives to progress with CPD accreditation, such as national guidelines and good practice...



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