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White Light Meditation: .Manifest Your Dreams and Aspirations (Paperback)

By Rmt Sunetra Basu

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book teaches a special meditation called White Light Meditation. Powerful, short and simple, this meditation is practical in that it takes only ten to fifteen minutes a day, and unique in that it helps manifest our dreams and aspirations by empowering our thoughts, stimulating analytical thinking, magnifying and expressing our dormant capabilities, and attracting the necessary resources from known and unknown directions. The book is equally helpful for beginners, who do not know how to meditate, as well as for those who practice meditation regularly. White Light is a high frequency cosmic energy that is invisible, omnipresent and accessible to everyone, although we might be unaware of its presence. White Light Meditation does not need initiation or expert supervision. You can access the White Light simply by intending that it come to you. Its regular practice infuses divine manifesting power into the subtle energies of our thoughts and wishes, thus triggering a positive chain of events, and steering us on to reaching the desired goal(s). Owing to its open approach, White Light Meditation happens spontaneously irrespective of whether one...



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